



Greater Rochester Area AIS Service Center JANUARY 2021

EVENTS

AIS Monthly Meetings 2021, 10:00 a.m.

Meetings will be virtual through April 2021

Upcoming Meetings:

February 13

March 13

April 10

<http://aisrochester.org/anniversaries.html>

Spiritual Awakenings 41st Anniversary Celebration:

Sunday, January 17, 11:00 a.m.

Zoom ID 886 2966 6635, Passcode 121212

Women's 12 @ 12 19th Anniversary Celebration:

January 27th at noon

Zoom ID 826 5622 4220, Passcode 1212

Web Committee Year End Report – Pat & Mel

The year started out with over 60 meetings in the greater Rochester area. Due to the discovery of COVID-19, our meetings began to change. The area scrambled to understand what effect this was to have on our AI-Anon meetings. It was soon apparent that the in-person meetings would change. Online meetings appeared to be the way to continue. Zoom became the preferred method for having online meetings. A volunteer was selected to be the Zoom coordinator for the year. We thank you Ellen for all of your help during this transition. With all the changes taking place, the website went from monthly updates to daily updates. Each day, the list of face to face meetings changed to electronic meetings. Some meetings ultimately decided not to meet while others went to Zoom.

As of yearend, we have a total of 42 meetings:

- 36 Zoom
- 2 Hybrid (Zoom/Face to Face)
- 4 Face to Face

The website has been active and includes:

- All Zoom, hybrid and face to face meetings. Changes are made when information is received.
- PayPal for donations, ALATHON FUNraiser and calendar sales.
- We added a Public Outreach link to menu with a link.
- The days of the week show the current status of all greater Rochester meetings with Zoom links.
- Face to face meetings have a map link for location.
- The meeting list is published with all meeting information and dated.
- The Literature link provides information on ordering and WSO free downloads.

The statistics for year 2020 are as follows:

- Total visits were 45,464.
- Pages viewed 192,273.
- Meeting list (PDF) accessed 12,123 times.
- Days of the week
 - Sunday – 539
 - Monday – 640
 - Tuesday – 611
 - Wednesday – 1408
 - Thursday – 851
 - Friday – 851
 - Saturday – 628

To date we have mailed 163 Newcomer Packets.



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New Address for NYN Donations:

NYN Area Assembly, PO Box 64176,
Rochester, NY 14624

Safety in our Meetings

Hi Everyone,

At our next AIS business meeting, February 13th, we will begin a conversation about safety in our electronic meetings. The guidelines that we will be looking at are on our website under "Information, News from WSO". They are:

- Let's Talk about Safety in Al-Anon Meetings
- G-39 Electronic Al-Anon Meeting Guideline
- S-60 Fact Sheet for Electronic Meetings

The following comes from the S-60 Fact Sheet for Electronic Meetings under Things to Remember about Electronic meetings: "On-line meetings are in reality "open" to anyone with access to the Internet. There is no way of ascertaining or guaranteeing that all participants are Al-Anon members or specifically interested in our program as the relative or friend of a problem drinker."

Based on my personal experience of having individuals coming into an electronic meeting by phone with no name, no phone # and being unwilling to communicate after several tries, I thought it was important to talk with one another. A couple of the groups I attend are having a Group Conscience to discuss how to handle this.

Consider talking with your groups about this, looking at the guidelines, and possibly having your own Group Conscience.

Together We Can Make It

Pat H., Vice Chair, Rochester AIS

**2021 Al-Anon Wall Calendars still available -
\$15 each**

<http://www.aisrochester.org/calendar.html>

An Al-Anon focused Zoom
Conversation/Training/Information session

If you would like to learn more about zoom
functionality, join us!

Wednesday, Jan 27th 6-8 pm AND

Sunday February 21st 1-3 pm

Click here to Join:

[Zoom Conversation/Training/Information](#)

Meeting ID: 435 420 055, Passcode: zoom
Questions? Call or text Ellen V at 585-402-1275 or by
[email](#)

The AIS Rochester Website; an Unsung Program Gem!

Hello this is Loron, the AIS secretary. I have been active in AIS Rochester for 5 years and the website continues to add to my program success. I encourage all program members to take 10 minutes and open the links on the website. The website reflects suggestions from members and is updated often. For example:

1. Zoom questions scroll slowly and see several links to read and persons to contact.
2. How to go to meetings updated guidelines on home page.
3. New to Al-Anon see the link on the left side of the home page for newcomer welcome.
4. Literature see the link to study and order.
5. Financial health see the treasurer tab.
6. Outreach, the homepage has a link to the monthly meeting.
7. Information tab WSO link, videos about our program, Stepping Stones link-Bill and Lois's home and information about this amazing couple. Links to AIS around the state to connect to other meetings

I hope this short list will draw you to our website, which is one of our tools for recovery. Thanks all who maintain and update this website!