



GREATER ROCHESTER AREA
AIS SERVICE CENTER
January 2020

Events

<http://aisrochester.org/anniversaries.html>

AIS Monthly Meeting 2020 10AM

Faith Lutheran Church
2576 Browncroft Blvd, Rochester, NY

Upcoming Meetings

- Feb 8
- Mar 14
- April 11
- May 9

Jan. 25

Sodus Noon Group 30th Anniversary 6:00PM

Feb. 2

Spiritual Awakenings 40st Anniversary
Oxford and Monroe Ave

Feb. 8

AIS Meeting 10AM

Mar. 13-15

39th Annual Flower City Fellowship Convention
Hyatt Regency Hotel

Mar. 29

Tureen Supper – Save the date
St. Ann’s Church

Apr 4

AWSC Meeting – NSEA Bldg.210 Syracuse, NY

Apr 17-19

35th Annual Conference of the Lakes
Woodcliff Hotel and Spa

May 29-31

Spring Assembly/Convention Hilton Garden Inn
Troy, NY

- Sign up online for the newsletter
- <http://aisrochester.org/newsletter.html>

- Please click this link To access the Welcome to AI-Anon sign:
<https://mail.google.com/mail/u/0/?pli=1#inbox/FMfcgxwGckkDhZLRvZqGRhJLxgcxrGkC?projector=1&messagePartId=0.1>

- WSO is looking for items for the new daily reader. There is some information at the WSO site:

<https://al-anon.org/blog/step-up-and-share-for-our-next-daily-reader/>

TUREEN SUPPER

- March 29 noon
- St. Ann’s Church
- 1600 Mt. Hope Avenue
- Help is needed: before after and during the meal. Also, raffle baskets are essential to our fundraising efforts.

Newsletter deadline: Feb. 15

Office Hours:

- Monday 2:00pm to 4:00pm
- Tuesday 12:30pm to 2:30pm
- Wednesday 2:30-5:30pm
- Thursday 9:00am to Noon
- Thursday 2:00pm to 3:30pm
- Friday 4:00pm to 6:00pm

Please call first: 585-288-0540



Pearls from January AIS meeting

January 11/2020



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Welcome to **Mel Y. AIS Chair**. Mel is visiting Al-Anon meetings and learn from each meeting their structures and discuss AIS. There are over 60 meetings in our area. Look for Mel visiting your meeting this year!

- Thanks to Mike G.- elected as Volunteer Coordinator unanimously
- Thanks to Beth- elected for Outreach Coordinator unanimously

Is your meeting welcoming? With the new year there may be more new members visiting our rooms. WSO suggests:

- Is your meeting information up to date on the local meeting list, local and Area websites, and at the WSO?
- Can newcomers easily find your meeting in the building? Have you considered placing signs in easy-to-spot places to direct people to the meeting room?
- Does your group have an ample supply of local meeting lists and *Newcomer Packets* (K-10) to distribute?
- Do you have a member to greet anyone new to the meeting?

Book Depot

- AFAs, new version of service manuals and new outreach bookmarks will be here 1/14.
- **WSO is posting on FB, Twitter and Instagram.** The first video interview of an Al-Anon member is posted on these social media sites. If our members choose to share this video it must be "WITHOUT identifying themselves as an Al-Anon member in a comment." (this came from WSO and it is very important we follow their guidance)
- **Last chance to share for the newest daily reader.** Link to submission

website. <https://al-anon.org/blog/last-chance-to-share-for-the-new-daily-reader> Deadline is June 1. 2020 Topics include: Abuse, Abundance, Finance/Money, Warranties, Sex, Shame, Spirituality

Al-Anon Outreach-Carrying the Message

- The Outreach Committee is contacting treatment centers, counselors and medical providers by phone to offer Al-Anon program and literature. We have members willing to meet face to face with these professionals and providing literature.
- We are asking for all folks who would want to speak to groups, when we receive requests, to please call AIS office at 288-0540.
- Mike. H is our contact for Health Fairs, he will coordinate. Thanks Mike! Please leave message at 585-288-0540. Look for outreach information at the Tureen Supper 3/29 and FCFC on March 13-15.

UPCOMING EVENTS

- **Tureen Supper -Sunday March 29th,** afternoon at St Anne's Church, 1600 Mt. Hope Avenue Rochester. We are looking for volunteers and raffle baskets. Great speakers, food and networking.
- **FCFC-Flower City Fellowship Conference,** March 13-15, 2020 at Hyatt Regency. See flyer for more information on this. AA event with Al-Anon support!
- **Dual Member Service-what do members think?**
Can AA members fill Al-Anon service positions? We discussed positions that could be filled by "dual members", see Service Manual pages 86-87. The positions available would include: Alateen Chair, Book Depot Chair, Finance Chair, Newsletter, Public



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Outreach Chair, Website Chair,
Activities Chair. It was suggested to add
with no vote. The policy voting
positions of: AIS Chair, Vice Chair,
Secretary, Treasurer, Intergroup Rep,
ISR (Information Service Rep) would not
be open to "dual members".
Please take this back to your groups for
discussion, to confirm and discuss the
information above and let us know your
groups ideas. Having the service
manual pages should help the
discussion.

Respectfully in Al-Anon,
Loron

**What to consider when at a loss for
words:**

That's a good point. Let me think about that.
I should look into that.
It probably seems that way to you.



I cannot know for certain where it will end.

Nor do I really know myself,
And the fact that I think I am
following your will does not mean
That I am actually doing so.

But I believe that the desire to please
You does in fact please you.
And hope that I have that
Desire in all that I am doing...

I will not fear,
For you are ever with me
And you will never leave me
To face my perils alone.
Thomas Merton, Thoughts in Solitude

Group Donations

Courage for Serenity	50.00
Evening Serenity	10.00
Fresh Start AFG	70.00
Living in The Solution	150.00
Memory of Andrea Y	70.00
Serenity on Saturday	10.00
Serenity Seekers	40.00
Unknown AFG	50.00
<u>Webster Monday</u>	<u>40.00</u>
TOTAL Group Donations	490.00

I have no idea where I am going.
I do not see the road ahead of me.

Last Chance to Share for the New Daily Reader!

Many thanks to all who have generously sent sharings for our latest book in development. We now know not only what topics can be adequately covered, but also which subjects we are still missing.

Please consider submitting sharings on any of the following topics that are missing or currently in very short supply:

- Abundance
- Abuse
- Concept Two
- Concept Six
- Concept Seven
- Concept Eight
- Concept Eleven
- Literature
- Finances/ money

- General Warranties
- Respect
- Responsibility
- Sex
- Shame
- Spirituality
- Tradition Six
- Tradition Eight
- Tradition Nine
- Trust
- Unity

Please let this book include such a variety of members' experiences and backgrounds that it clearly demonstrates how Al-Anon can work for *anyone* affected by someone else's drinking. We've received only a few sharings from members who identified themselves as African American; Alateen; Alateen Group Sponsor; of Asian descent, LGBTQ+; men; people of color; or those who live outside the US and Canada.

A writing guideline is available at al-anon.org. Send your sharings by **June 1** to AFG. Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, Attention: "Daily Reader"; at wso@al-anon.org with "Daily Reader" in the subject line; or at al-anon.org/dailyreader