



Greater Rochester Area
AIS Service Center
February 2020

Events

<http://aisrochester.org/anniversaries.html>

AIS Monthly Meeting 2020 10AM

Faith Lutheran Church
2576 Browncroft Blvd, Rochester, NY
Upcoming Meetings
Mar. 14
April 11
May 9

Mar 13-15
39th Annual Flower City Fellowship Convention
Hyatt Regency Hotel

Mar. 29

Tureen Supper 1pm-5pm Moving Forward
St. Anne's Church

Apr 4

AWSC Meeting – NSEA Bldg. Syracuse, NY
N. Syracuse, NY

May 29-31

"Embracing Change" – "Discovering Choices"
NYN AFG Convention and Assembly, Troy, NY

April 17-19

35th Annual Conference of the Lakes
Woodcliff Hotel and Spa

July 2-5

International Convention (see Website)
Detroit MI

**Stand close
To people who
Feel like sunshine**

Happybrainlife.com

Sign up on line for the newsletter at
<http://aisrochester.org>

OPPORTUNITY TO MEET NEW PEOPLE:

During March and April, the local colleges and universities have health fairs. They are generally from 10am to 2pm. It works well if we have 2 people manning the AI-Anon booth for 2 hours

Contact: Mike H. at (585)203-7344.

Newsletter deadline: Mar. 15.

Office Hours:

- Monday 2:00pm to 4:00pm
- Tuesday 12:30pm to 2:30pm
- Wednesday 2:30pm to 5:30pm
- Thursday 9:00am to Noon
- Thursday 2:00pm to 3:30pm
- Friday 4:00pm to 6:00pm

Please call first: 585-288-0540



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Reports were recorded in the minutes and appear on our website.

The February AIS Meeting was cancelled due to the weather. Consequently, we are only publishing relevant notifications.

The 2018-2021 Service manual 2d ed is available at the Book Depot.



To know more about Al-Anon Visit wso@al-anon.org and look for:





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MUSINGS BY THE EDITOR

"...Al-Anon is a microcosm of the larger society within which we exist. Problems found in the outside world can also make their way into the rooms of Al-Anon. As we strive to share in a spirit of trust, both at meetings and individually with our Personal and Service Sponsors and other Al-Anon members, it is reasonable for each member to expect a meaningful level of safety. Those attending Al-Anon meetings benefit other members and themselves when they provide a safe environment in which families and friends of alcoholics can focus on gaining and maintaining serenity. The group can then fulfill its primary purpose—to help families and friends of alcoholics...

Al-Anon's Third Tradition states in part, 'The only requirement for membership is that there be a problem of alcoholism in a relative or friend.' This brings an openness that helps define our character as a diverse fellowship; however, some people come into Al-Anon without an understanding of the type of behavior that is appropriate in meetings or in the company of other members. A person can find serenity in Al-Anon and yet still not understand what is acceptable behavior..."

-from Let's talk About Safety in Al-Anon meetings

Boundaries should always be respected. Sensitivity to race, creed and sexual preference should be respected and foremost when talking to a new member attending our meetings. I went to a meeting some time ago, and a member asked "What was I doing there? Who was my alcoholic?" I was hurt by my cousin's question. From this I learned not to ask inappropriate questions.

TREAT THE WAY SOMEONE THE WAY YOU WANT TO BE TREATED

TALK TO PEOPLE THE WAY YOU WANT TO BE TALKED TO.

RESPECT IS EARNED NOT GIVEN

--LESSONS TAUGHT

Steps 1 + 12, "My life is unmanageable, and I want to share it with you!
If you're not supposed to drink and drive, why do bars have parking lots?"



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Group Donations - January

Canandaigua Monday Noon AFG	75.00
District 2	100.00
Farmington AFG	75.00
Hope for Today #502565	25.00
Hope for Today #53134, Fri. AM	300.00
Now Is the Time AFG	40.00
Penn Yan AFG	100.00
Serenity at Noon	20.00
Simple Beginnings AFG	60.00
Spiritual Awakenings	60.00
St. Louis	60.00
Sunday Serenity AFG	10.00
<u>Webster Monday</u>	<u>30.00</u>
TOTAL Group Donations	955.00