



Greater Rochester Area AIS Service Center

March 2019

Events

<http://aisrochester.org/anniversaries.html>

AIS Monthly Meeting

April 13, 2019 10 am

AWSC Meeting

March 30, 2019 11:00
NSEA Building, Syracuse

Penfield Chapel Anniversary

April 9, 2019 7:30PM
Church of the Incarnation
1957 Five Mile Line Road Penfield

Greece Aldersgate AFG Anniversary

April 15, 2019 7:00 food 7:30 Speakers
4115 Dewey Avenue

Hope for Today

April 26, 2019, 8:30am
Waring Baptist Church 1921 Norton St.

Conference of the Lakes (34th)

April 26-28
Woodcliff Hotel and Spa

NYN AFG SPRING Assembly/Convention "Room to Bloom"

May 17-19, 2019
RIT Inn & Conference Center
5257 W. Henrietta Rd. 14602

Office Hours:

- Monday 2:00pm to 4:00pm
- Tuesday 12:30pm to 2:30pm
- Wednesday 2:30pm to 4:30pm
- Thursday 9:00am to Noon
- Thursday 2:00pm to 3:30pm
- Friday 4:00pm to 6:00pm

Please call first: 585-288-0540

Deadline for April Newsletter: April 15th

Sign up on line for the Newsletter at
<http://aisrochester.org>



Do you

- Want to meet new people?
- Peruse existing literature?
- View incoming new literature?
- Help strengthen our fellowship?

Then Participate in Service

- Can you give two hours of services a week at the AIS Office?
- Share your experiences, strength and hope with Callers
- Prepare literature orders
- Be available for literature pickup
- Answer the phone and email

For further information call 585-288-0540



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Greece Aldersgate Al Anon Group
Anniversary Meeting

Please join us to commemorate

55th Anniversary

When: April 15

Time: 7:00 food

7:30 Meeting with Al Anon and AA speaker,

Where: Aldersgate United Methodist Church

4115 Dewey Ave

Greece, NY 14616



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FROM THE BOOKDEPOT

There is a new bookmark in town!! It is ***JUST FOR TONIGHT***. Modeled after *JUST FOR TODAY*, it reviews basic AL-Anon principles that can clear your mind of the concerns of the day and help you place them in your Higher Power's hands. The bookmark reminds us to be grateful, and accept we have done the best we could for the day. It has helped me prepare to sleep with peace, hope and joy. They are \$0.10 each but truly priceless. I am sure they will find their way to the nightstands of many Al-Anons!

As many of you are, I am excited for spring to get here, and with it more Al-Anon events. I will have our wonderful CAL at a number of these events. Please know that if you cannot get to the AIS office when it is open to get literature for your group, you are welcomed to call me at (585)-323-2231 (H), or (585)-472-6393 (C). Leave a message if I don't pick up. Also, you can email me at bookdepot@aisrochester.org.

I really look forward to hearing what you all think of ***JUST FOR TONIGHT!***



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AIS Website Report for March 2019

- On our website under “Information”, we now have “News from WSO”.
Listed is:
“How do I find a sponsor” and “Let’s talk about safety in Al-Anon meetings.”
- Under “Districts” the information is current.
- Mel has placed the literature catalog up on our website.
- Flyers and meeting list information have been updated.

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February 2019 web traffic:

- 712 visitors viewing 2575 pages
- 72% new and 28% returning visitors
- 52% mobile and 43% desktop viewing devices
- The top pages visited
- Home Page
- Meeting List
- Anniversaries
- About Al-Anon
- Newsletter
- Literature
- **Geographical locations**
- Rochester area
- NY and 26 other states

We can be contacted at website@aisrochester.org &
webcommittee@aisrochester.org

Respectfully,
Mel and Pat



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CHUCKLES says:

There are people who MAKE things happen. There are people who WATCH things happen. And there are people who DON'T KNOW anything has happened... (What the heck just happened?)

How can you tell you are at an AI-Anon meeting?

Someone spills their coffee and everyone rushes to clean it up.

Did you hear there's a new 12-step program for people who talk too much?
It's called on-and-on-anon

Steps 1 + 12, "My life is unmanageable and I want to share it with you!"

DEADLINE FOR APRIL NEWSLETTER: APRIL 15, 2019