



Greater Rochester Area AIS Service Center AUGUST 2020

EVENTS

<http://aisrochester.org/anniversaries.html>

AIS Monthly Meetings 2020, 10:00 a.m.

Zoom Meeting

Upcoming Meetings:

September 12

October 10

November 14

December 12

From the Treasurer's Desk:

A big thank you to all who have donated to AIS Rochester in support of our mission.

Tradition 7 donations may be made electronically through the AIS website, or through sending a check to AIS Rochester, 2480 Browncroft Blvd. Suite 140, Rochester, NY 14625

Electronic Meetings

Just Zooming in to update you on meetings. As the world is slowly reopening, we are thinking about going back to face-to-face meetings – and staying safe! Here are some things you might want to consider when you do meet face-to-face:

1. Wear masks while inside and practice safe social distancing.
2. Provide hand sanitizer, disinfectant, maybe have extra gloves and masks on hand.
3. Ventilation; open windows if possible. Some meetings turn a fan on, and others don't recommend it.
4. Keep an attendance list for COVID tracing purposes. First names and phone numbers should be included.
5. Leave the basket, calendar and other materials on an accessible table instead of passing them around the room.

We have a few face-to-face meetings already happening. Check out the home page of the AIS Rochester webpage for details. (aisrochester.org) If you have any questions/comments/suggestions please contact Ellen V. at zoom@aisrochester.org.

AIS Website – Interesting Facts

In July 2020, there were 4020 visitors to the website, viewing 17,702 pages. There were 65% new and 34% returning visitors. 52% of visitors were using mobile devices and 48% were using desktop devices.

The top 5 pages visited were:

Home Page
Meeting List
Newcomer
Anniversaries
Literature

The website is updated daily with new meeting information on the main page. Zoom meetings are listed in RED and face to face (F2F) listed in GREEN.



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AIS Service Center
AUGUST 2020**

Alathon FUNraiser! was a great success!

We held the first electronic Al-Anon event on July 12th. We had 2 goals: to have fun in fellowship and to generate excitement to get people donating to AIS Rochester. We exceeded our expectations! Our generous members donated a total of \$1113.95 for AIS Rochester.

People were talking about the event in meetings for weeks after. Some said it was a lot of fun and well-orchestrated. The speaker, Jennifer C. from NYC was phenomenal. It was a powerful sharing of her experience, strength and hope. The wisdom she imparted when addressing the questions in the Ask Basket portion were invaluable to many.

The incomparable Muffy L was a delight as master of ceremonies. With her quick wit and playful energy she led us through the activities on the program. It was a jam-packed program with a perfect pace.

Some of the offerings of the day included: Al-Anon *Step*ardy- a Jeopardy type game with program topics, an AFG Match Game, a program skit, a dance break to "We Are Family," and other activities that participants were able to take part in.

The charming Gratitude Fairy, Wendi C., opened up the gratitude sharing at 12 minutes after each hour. She and Dean C. gave us updates on the donations.

The joyful Sarah D did a great job of taking us on a "Magical Mystery Tour" of recovery, she

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incorporated snippets of at least 21 Beatles tunes, and had us singing along too. We heard a fun and fabulous Al-Anon journey using Beatles songs. Sarah sang about how it was "Yesterday," finding the rooms and starting "The Long and Winding Road" to "Getting Better." We heard that she found she was "Getting By With a Little Help From [her] Friends" and learning to "Let It Be."

Thank you to Ellen V, Cathleen B, Mary S, Wendy L and the exceptional committee, and to all the people who contributed to bringing this light-hearted, entertaining event to fruition!

AIS Donations:

Greece	\$100.00
Stepping into Recovery	14.25
Member	<u>467.14</u>
Total	\$581.39

**Fall Assembly –
Saturday September 26th, 9:30 am - 4 pm.**

The NYN Fall Assembly is the annual business meeting where each Al-Anon group has the opportunity to send their group representative (GR) to express a voice and vote on behalf of their group. Being the third year of this service term, this is an Election Assembly where the next NYN Area officers will be elected. The assembly will include two short breaks and one lunch break. Please go to the NYN website, nynafg.com, to register. When you register you will be given the meeting ID and the passcode.



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**New GR (Group Rep) Meeting - Saturday
 September 12th - 11 am**

Meeting ID 999 5024 9250
 Passcode 1891

If you are a new GR and attending the Fall Assembly, this meeting is for you!

**AWSC (Area World Service Committee)
 Meeting – Wednesday September 23rd - 7 pm**

This meeting is for all Officers and Coordinators of NYN and District Reps to finalize the agenda for the Fall Assembly. All are welcome to attend.

Please go to the NYN website, nynafg.com, to register. When you register you will be given the meeting ID and the passcode.

Zoom Practice Session - Friday, September 25th, 6 pm - 7 pm.

This session is for anyone who has a question or would like to get more comfortable with Zoom functions. Please go to the NYN website, nynafg.com, for meeting ID and passcode.

Welcome to Newcomers

On May 29, 2020, AIS started offering a Welcome Newcomer brochure for free and mailed to the requestor. To date we have mailed out 73 brochures locally and to other areas of New York.

AIS Positions Open for 2021-2022

- Vice-Chair
- Treasurer
- Website Chairperson
- Intergroup Rep
- Activities Chairperson
- Finance Chairperson
- Newsletter Editor

