



Greater Rochester Area AIS Service Center

OCTOBER 2021

EVENTS

AIS Monthly Meetings 2021, 10:00 a.m.

Upcoming Meetings:

November 13

December 11

Meetings are hybrid and are held at Faith Lutheran Church, 2546 Browncroft Blvd.
Electronic Sign-in on website

Link to AIS Rochester meeting minutes:

<http://aisrochester.org/minutes.html>

Link to upcoming Anniversary meetings:

<http://aisrochester.org/anniversaries.html>

AIS Rochester website is updated daily with information on local, district, and world service information. Please see the website often!

Vice Chair Report

Hi Everyone,

Below is a list of positions and nominees willing to serve. We will be voting on these nominees November 13th. On our homepage under "Help Wanted" is a list of responsibilities for the Vice Chair. The best part about this position is reaching out to new ISR's (Information Service Reps) and welcoming them to our team at AIS Rochester. If you are interested in the position, or know of someone, email me at vicechair@aisrochester.org.

Chairperson – Pat H.

Vice Chair –

Book Depot Chair – Pam

Finance Committee – John

Intergroup Rep – Maggie

Volunteer/Service Center – Mel

Building Help and Support for Al-Anon Meetings

At our October AIS meeting, members talked about successes and struggles in different formats. Groups are being creative with online and in person format (hybrid), in person only, and online only. The Sunday night meeting, "Came to Believe", at 7:30 p.m. has a dedicated core of members and

would welcome more experience, strength and hope. What has your meeting done to flourish in 2021? Suggestions included:

- Announce at all meetings the availability of other good meetings
- Publish in newsletter meetings that have room for more folks
- Complete group inventory, answering questions together to assess the health of the group. This can be found at WSO website or this link: <https://al-anon.org/pdf/G8a.pdf>
- Use your phone list to contact members of the group, asking if there are barriers to their attending the meeting
- Help is available to navigate Zoom through AIS Rochester and NY North at web@nynafg.com

What has your meeting been doing to stay current? Please let AIS know and share at your meetings.

Points of interest from October AIS Meeting

- Outreach is looking for speakers at family meetings at recovery centers, and for presenters to folks in recovery at Norris. See outreach page at aisrochester.org.
- Beginners' meetings are held Wednesdays at 11:00 and Saturdays at 11:30, both virtual meetings. See the website for sign-on information. The Saturday meeting needs experienced members to share their strength and hope.
- Flower City Fellowship; an in-person convention with lots of Al-Anon participation will be held in February 2022 in Rochester.
- There will be a group conscience at the next AIS meeting on 11/13 to follow up on our meeting process, last discussed on 11/2020.
- Please continue to support AIS Rochester via check or PayPal, thank you!