



Greater Rochester Area
AIS Service Center
October 2019 Newsletter

Events

<http://aisrochester.org/anniversaries.html>

AIS Monthly Meeting 2019 10AM

Faith Lutheran Church
Upcoming Meetings
November 9
December 14

Oct. 27

Came to Believe 27th Anniversary
St. Pius 10th School Cafeteria

Nov. 2 10am

Courage to Change 31st Anniversary
Fairport United Methodist
31 W. Church St.

Nov.6

Joy Is Our Birthright Anniversary
Faith Baptist Church
175 Allen's Creek Rd.

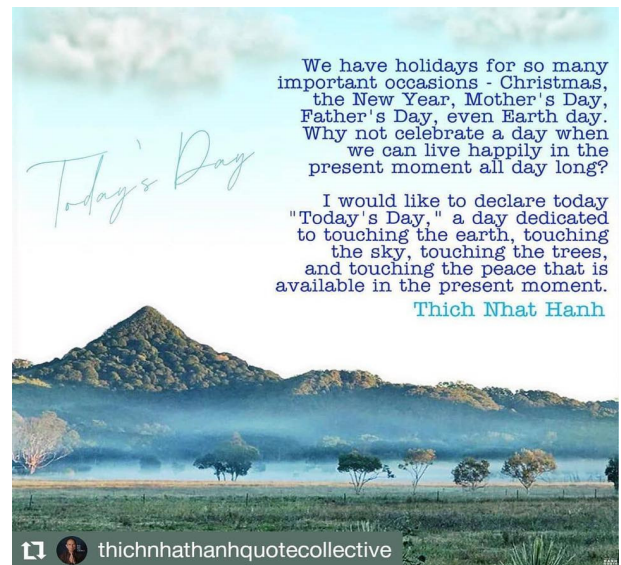
Nov. 9

AIS Meeting 10:00am
Faith Lutheran Church

Dec.14

AIS Meeting 10:00am
Faith Lutheran Church

TUREEN SUPPER Mar 29th
St. Anne's Church



Office Hours:

Monday 2:00pm to 4:00pm
Tuesday 12:30pm to 2:30pm
Wednesday 2:30pm to 4:30pm
Thursday 9:00am to Noon
Thursday 2:00pm to 3:30pm
Friday 4:00pm to 6:00pm

Try something new: Service help needed
Can you be a part?

For further information call 585-288-0540

DEADLINE FOR November Newsletter



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Loron: Thanks to these groups for supporting AIS in September:

- Focus on Me
- Serenity at noon
- Webster Monday meeting



Notes taken at Oct. AIS Meeting

Thank you Loron

Flower City Fellowship March 13-15 in Rochester. This conference is sponsored by AA with strong presence Al-Anon. Look for more information and flyer in upcoming newsletters and on the AIS website. We can use help with this event call AIS office with questions.

TUREEN SUPPER Sunday, March 29, 2020 at St. Anne's Church, Mount Hope Avenue. Bring a dish to pass and learn from AA and Al-Anon speakers and literature. This spreads the hope of our program and raises funds for Al-Anon Information Service. We are looking for speakers, announcers and groups to sponsor, set up and take down, and registration. Please call the AIS office and ask how you can help Beth with this event.

Our **Newsletter** wants to be sleeker and easier to read. Please look for links on the AIS website <http://www.aisrochester.org/> for the complete minutes, finances reports, next year's AIS budget and full-page flyers for upcoming events. Please GR's and ISR's print the docs for your groups. If you don't have computer access it has been suggested that you ask someone to be your "computer buddy" to give you access to online information. Contact newsletter@aisrochester.org with questions, articles and ideas.

Group Donations to AIS support literature outreach to groups and individuals as well as rent and office expenses. Groups are asked to donate a few times a year to AIS to continue these efforts. We have done outreach at several conferences, professional events and workshops this year and need your continued support. See the financial reports for donations from groups.

WSO 2020 literature catalogue is available at AIS Rochester website <http://www.aisrochester.org/>

Fall Assembly 2019 was held in Syracuse. The group approved Alateen guidelines, discussed implementing new definitions for open and closed groups, and use of conference calls to conduct Al-Anon Business. For full reports please go to www.nynafg.com and click open positions for 2020. Mel Y. has offered to be AIS chairperson, Rebecca B. is willing to continue for another term as Book Depot chair. Please nominate for other offices that are



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open, Volunteers, Secretary, Alateen coordinator, Vice Chair, intergroup rep, activities, finance and outreach. These positions are a way to work your program and benefit the community. Descriptions of the positions are at the aisrochester.org website, under information tab, bylaws. Please call the office or email Chairperson at AIS Rochester. Loron O. with more nominations and questions.

Chuckles says:

Hear about the new restaurant called Karma?

There's no menu: You get what you deserve.

What sits at the bottom of the sea and twitches?

A nervous wreck.

What do you call a parade of rabbits hopping backwards?

A receding hare-line.

He that is good for
making excuses is seldom
good for anything else.

Benjamin Franklin