



## Greater Rochester Area AIS Service Center DECEMBER 2020

### EVENTS

#### **AIS Monthly Meetings 2021, 10:00 a.m.**

Meetings will be virtual through April 2021

#### **Upcoming Meetings:**

January 9

February 13

March 13

April 10

<http://aisrochester.org/anniversaries.html>

#### **Spiritual Awakenings 41<sup>st</sup> Anniversary Celebration:**

Sunday, January 17, 11:00 a.m.

Zoom meeting ID 886 2966 6635, Passcode 121212

- Under “Literature” is Al-Anon’s free downloadable items (such as Detachment) along with Conference Approved Literature, which we can now read samples from. Check it out!
- When a newcomer requests a newcomer packet, we have added a space for the newcomer to put their phone number if they would like to receive a call.

#### **November 2020 – AIS Traffic**

- 3813 visitors viewing 17,455 pages
- 65% new and 35% returning visitors
- 49% mobile and 51% desktop viewing devices

#### **Top five Pages Visited**

- Home Page 4692
- Meeting List 838
- Calendar 287
- Newcomer 113
- Contact 88

#### **Days of the Week Meeting Information**

- Sunday 70
- Monday 61
- Tuesday 57
- Wednesday 74
- Thursday 57
- Friday 73
- Saturday 51

#### **Meeting Changes**

There are often changes to meetings due to the pandemic. Please refer to the AIS website to see the most updated list. We have attached the current list as of 12/16/2020.

### **Web Committee: Pat & Mel**

I would like to thank everyone for their support and help over the last two years. I have enjoyed being the Chair of the Web Committee, I’ve learned a lot and it has been fun. I’m going to miss it. And a special thank you to Mel for your help and endless hours of service work. I am truly grateful!

Sue C. will be our new Web Committee Chair starting in January. Mel and I met with Sue, via Zoom, to go over the responsibilities of this position. She brings much knowledge about websites with her. Thank you, Sue, for stepping up!

- We have a printable meeting list with Zoom links, face-to-face meetings, and those that are not currently meeting.



## Greater Rochester Area AIS Service Center ----- DECEMBER 2020

**ATTENTION: NYN has a new address for donations beginning January 2021!** Please make checks out to **NYN Area Assembly**, and include your group's number and mail to:

NYN Area Assembly  
PO Box 64176  
Rochester, N.Y. 14624

### **Suggestions From our Members:**

At our Group conscience, members asked for a welcome of new members and a listing of what we can expect from AIS service. We agreed to add that to our agenda. This statement would illustrate the Concepts/Traditions and Steps. We read the statement below at the December 2020 AIS meeting. Any comments or suggestions, please email [chair@aisrochester.org](mailto:chair@aisrochester.org).

We welcome you to the AIS Rochester monthly meeting, and hope you will find in this fellowship:

1. Growth in your program and an understanding of how AIS (AI-Anon Information Service) works.
2. A welcoming environment where members feel safe and can express opinions and ideas freely w/o interruption or criticism.
3. Discussion and actions that benefit the AI-Anon groups in the Rochester area and beyond. We welcome feedback on how our organization is working and ideas for improvement.
4. Contact information for officers and AIS members will be available at orientation for new members.

Lastly, thank you for your service, rotation of service is important for group health.

### **Getting to know you:**

Welcome to AIS members/officers and committees. This list is to help folks new to AIS understand expectations and how to get support from AIS (An-Anon Information Service)

Suggested "checklist" for new members:

- *Contact numbers* for new members of AIS and officers/email
- Access to website and newsletter for meeting times and updates
- AIS buddy: go-to person for questions.
- Access to newest service manual and location of AIS bylaws, minutes and agendas.
- ISR service duties from manual
  1. Attend meetings of The AI-Anon Information Service.
  2. Acts as liaison between home group and AIS.
  3. Reports AIS activities to the group.
  4. The alternate GR may serve as ISR and the GR serve as alternate ISR.

### **Outgoing Vice Chair AIS gratitude list:**

1. Meetings continued during shutdown
2. New form fundraising "AI-Athon" Summer 2020
3. AIS calendar with art from members
4. The patience of everyone who learned ZOOM and took the risk to learn and show up and RUN VIDEO!
5. Distribution of CAL through new channels, home delivery, email requests
6. My fellow AIS friends, officers/committee members and ISR's.

Respectfully Submitted, Loron O.



## Greater Rochester Area AIS Service Center DECEMBER 2020

### Electronic Meeting Information

Hey Everybody! Yes, we are still at it – still offering many electronic meetings. I am grateful we have a safe space to meet during this global pandemic.

Have you heard about “keeping it in Al-Anon?” WSO (World Service Office) has guidelines to help us do that. [G 39](#) is the Electronic Al-Anon Meeting Guideline. [S 60](#) is the Fact Sheet for Electronic Meetings. Both have valuable information to help you abide by the spirit of our traditions in your meetings. Topics such as seventh tradition, sharing conference approved literature, anonymity and helping newcomers are addressed. I encourage you to check them out.

Last Sunday we held a Zoom training for anyone wanting to learn how to host a meeting or for people just wanting to become more comfortable with the zoom platform. I think we all learned a lot! The information we talked about can be found in this document: [Zoom host options for Al-Anon meetings](#).

If you missed it and would like us to hold another one – please email [Ellen V.](#)

### Calendar Committee:

Thank you to everyone who helped make this fundraiser a success! We have brought in over \$1,000 so far!

We only have a few left – please click here to order yours: [Calendar order](#)

### Book Depot Information

If you wonder how to access our books and other literature during these challenging times, please call me directly at (585-472-6393) and leave a voice message or text. If you are comfortable using a computer or smart phone, go to [aisrochester.org](#). Our website is excellent and has the WSO catalog on it, so you can browse all the literature we have available. You can also send me an email at [bookdepot@aisrochester.org](mailto:bookdepot@aisrochester.org). I am happy to do contactless delivery in the Rochester area, if you can send a check to AIS for payment. We cannot presently take credit cards for literature. It is a good time for many of us to take this opportunity to read or delve into a workbook!

Happy to serve,  
Rebecca B.

# 2020 Meeting List December

## AL-ANON FAMILY GROUP OF GREATER ROCHESTER AREA

### DISTRICTS 2, 14, 19, 20, 25, 27, & 29

Al-Anon is a fellowship of friends and relatives of alcoholics, who realize that by banding together they can solve their common problems.

Membership in Al-Anon is anonymous, there are no dues or fees.

For more information write:

**AIS Office: 2480 Browncroft Blvd., Suite 140  
Rochester, NY 14625**

**<http://www.aisrochester.org>**

**585-288-0540**

**For meeting status please visit the website.**

### SUNDAY

**Morning Breakfast Group D-29** 8:30AM  
**Audio Only 9789905000 access code 495131**  
Council on Alcoholism Building  
620 West Washington St Geneva

**Clifton Springs D29** 9:30AM  
**NOT MEETING AT THIS TIME**  
Clifton Springs Hospital\*  
East Main St. Clifton Springs

**Spiritual Awakening D19** 11:00AM  
**ZOOM Meeting ID: 6145077862 / PC: 121212**  
Blessed Sacrament School 2nd Floor  
Oxford & Monroe Avenue Rochester

**Newark AFG D25** 7:00pm  
**ZOOM Meeting ID: 546286009 / PC: 364875**  
Park Presbyterian Church  
110 Maple Court Newark

**Came to Believe AFG D2** 7:30 PM  
**ZOOM Meeting ID: 84573817607 / PC: 023305**  
St Pius Xth School - Teacher's Lounge\*  
3000 Chili Ave Chili

**Hamlin Sunday Niters D2** 7:30PM  
**NOT MEETING AT THIS TIME**  
United Methodist Church  
1742 Lake Ave Hamlin Hamlin

**Victor Parents D29** 7:30PM  
**ZOOM Meeting ID: 880-1419-9011**  
Presbyterian Church\*  
70 Main Street Victor

### MONDAY

**Canandaigua AFG D29** NOON  
**ZOOM Meeting ID: 871 642 2878 / PC: 12**  
United Church of Christ  
11 Gibson Street Canandaigua

**Monday Sunshine AFG D25** 1:00PM  
**NOT MEETING AT THIS TIME**  
1ST Baptist Church  
119 W. Elm Street East Rochester

**Geneseo AFG D20** 5:45PM  
**ZOOM Meeting ID: 958096373 / PC: 861940**  
Livingston Cty Council on Alcohol & Substance Abuse  
4612 Millennium Dr Geneseo

**Brighton D19** 7:00PM  
**NOT MEETING AT THIS TIME**  
Plymouth Spiritual CH - Back Entrance  
29 Vick Park A Rochester

### MONDAY

**Greece D2** 7:30PM  
**ZOOM Meeting ID: 897147744 / PC: In Link**  
Aldersgate United Methodist Church \*  
4115 Dewey Ave. Greece

**St. Louis D14** 8:00PM  
**ZOOM Meeting ID: 173059069 / PC: 843771**  
**Audio call in number 646-558-8656 PC: 843771**  
St Paul's Lutheran Church  
28 Lincoln Ave Pittsford

**Webster D25** 8:00PM  
**ZOOM Meeting ID: 304213322 / PC: 511145**  
Immanuel Evangelical Lutheran \*  
131 West Main Street Webster

**Henrietta AFG D14** 7:30PM  
**ZOOM Meeting ID: 882161571 / PC: 036129**  
Guardian Angels Church  
12061 East Henrietta Road Henrietta

### TUESDAY

**Genesee CC - Closed** NOON  
**NOT MEETING AT THIS TIME**  
Main Entrance 2nd floor RM C204  
1 College Rd. Batavia

**Faith & Hope D14** NOON  
**ZOOM Meeting ID: 2484838202 / PC: 852098**  
St. Anne's Church  
1600 Mt. Hope Ave Rochester

**Courage For Serenity D2** 12:15PM  
**ZOOM Meeting ID: 873 1051 3969 /PC: 246810**  
St Charles Borromeo School Room 10  
3003 Dewey Ave. Greece

**Penn Yan AFG D29** 7:00PM  
**ZOOM Meeting ID: 871 642 2878 / PC: 12**  
St. Paul's Lutheran Church  
135 Hamilton St. Penn Yan

**Survival to Revival - Adult Children D14** 7:00PM  
**NOT MEETING AT THIS TIME**  
First Baptist Church  
175 Allens Creek Road Rochester

**Experience, Strength & Hope D19** 7:30PM  
**NOT MEETING AT THIS TIME**  
St Cecilia's School \*  
2732 Culver Road Irondequoit

**Just for Tonight AFG** 7:30PM  
**ZOOM ID: 92192395966 / PC: JFTAAG**

### TUESDAY

**Penfield Chapel D25** 7:30PM  
**NOT MEETING AT THIS TIME**  
Church of the Incarnation  
1957 Five Mile Line Road Penfield

**Spencerport 12 & 12 D2** 8:00PM  
**NOT MEETING AT THIS TIME**  
First Congregational United White Church  
65 Church Street Spencerport

**Scottsville D2** 8:00PM  
**ZOOM Meeting ID: 821897771 / PC: 876716**  
Union Presbyterian Church  
Browns Ave Scottsville

### WEDNESDAY

**Beginners Meeting D14\*\*\*** 11:00am  
**ZOOM Meeting ID: 82656224220 / PC: 1212**  
St Paul's Lutheran Church  
28 Lincoln Ave Pittsford

**Canandaigua Step/Tradition Meeting D29** Noon  
**ZOOM Meeting ID: 89781800552 / PC: 221142**  
Lutheran Church of the Good Shepherd  
320 South Pearl Street Canandaigua

**Original Pittsford Al-Anon Group D14** Noon  
**NOT MEETING AT THIS TIME**  
Speigel Community Center - Room 208  
35 Lincoln Ave Pittsford

**Women's 12 @ 12 Step Meeting D14** Noon  
**ZOOM Meeting ID: 82656224220 / PC: 1212**  
St Paul's Lutheran Church  
28 Lincoln Ave Pittsford

**Fresh Start AFG D25** Noon  
**NOT MEETING AT THIS TIME**  
St. Mark's Episcopal Church\*  
400 South Main St Newark

**Serenity Seekers D25** 1:00PM  
**Face to Face Meeting**  
United Methodist Church  
169 E Main St. at Curtice Park Webster

**Living in the Solution D25** 6:00PM  
**ZOOM Meeting ID: 571955785 / PC: 000286**  
Church of the Incarnation  
1957 Five Mile Line Road Penfield

**Joy is our Birthright AFG D14** 6:00PM  
**ZOOM Meeting ID: 86232535395 / PC: 277685**  
Adult Children  
First Baptist Church - Room 10  
175 Allens Creek Road Rochester

\* AA at same time.

## WEDNESDAY

**New Beginnings D27** 7:00PM  
**Face to Face Meeting**  
 1st Baptist Church  
 306 East Main St Batavia

**Focus on Me D2** 7:30PM  
**ZOOM Meeting ID: 81062495887 / PC: 836000**  
 Gates Presbyterian Church  
 1049 Wegman Road Gates

**Hope For Today D29** 7:30PM  
**NOT MEETING AT THIS TIME**  
 117 Main Street  
 Across from Park Bloomfield

## THURSDAY

**Now Is The Time D27** Noon  
**Face to Face Meeting**  
 Batavia First United Methodist Church  
 8221 Lewiston Road Batavia

**Stepping into Recovery D14** Noon  
**ZOOM Meeting ID: 2760940009 / PC: 233787**  
 St. Anne's Church  
 1600 Mt. Hope Ave. Rochester

**Searching for Serenity - Adult Children** 5:30PM  
**NOT MEETING AT THIS TIME**  
 United Methodist Church - D2  
 92 Main Street Brockport

**Canandaigua AFG D29** 7:00PM  
**ZOOM Meeting ID: 6217474611 / PC: 8Gve7D**  
 Lutheran Church of the Good Shepherd\*  
 320 S. Pearl St. Speaker/Discussion Canandaigua

**Good Old Gang - East Avon D20** 7:30PM  
**NOT MEETING AT THIS TIME**  
 Presbyterian Church\*  
 Corner Routes. 5/20 & Route 15 East Avon

**East Side AFG D25** 7:30PM  
**Face to Face Meeting**  
 Rochester Reformed Presbyterian Church  
 115 East Ave East Rochester

**East Side AFG D25 Zoom** 7:30PM  
**ZOOM Meeting ID: 6145077862 / PC: 121212**

**Men's AFG D25 (open to all) Hybrid** 8:00PM  
**ZOOM Meeting ID: 81955827593 / PC: 499142 & Face to Face Meeting**  
 Faith Lutheran Church  
 2576 Browncroft Blvd Penfield

## FRIDAY

**Hope for Today D19 Hybrid** 9:00AM  
**ZOOM Meeting ID: 6145077862 / PC: 121212 & Face to Face Meeting**  
 Waring Baptist Church  
 1921 Norton Street Rochester

**Serenity at Noon D25** Noon  
**NOT MEETING AT THIS TIME**  
 Perinton Presbyterian Church  
 White Bldg. Enter lower level in front  
 6511 Pittsford Palmyra Rd. - Rte 31 Fairport

**Canandaigua Noon Serenity D29** Noon  
**ZOOM Meeting ID: 86866252863 / PC: 30081**  
 Good Shepherd Lutheran Church  
 320 South Pearl Street Canandaigua

## FRIDAY

**Dansville AFG D20** 7:00PM  
**NOT MEETING AT THIS TIME**  
 Nicholas Noyes Memorial Hospital\*  
 111 Clara Barton St Dansville

**East AFG - Adult Children D29** 6:30PM  
**ZOOM Meeting ID: 83916638025 / PC: 001357**  
 St. Patrick's Church  
 115 Maple Ave. Victor

**Stepping Stone D25** 7:00PM  
**NOT MEETING AT THIS TIME**  
 1st United Methodist Church Rear Door  
 570 Ridge Road West Webster

**Evening Serenity D2** 7:30PM  
**ZOOM Meeting ID: 82110363838 / PC: 777960**  
 Chill Presbyterian Church \*  
 3600 Chili Ave. Chili

**Parents and Family D2** 7:30PM  
**NOT MEETING AT THIS TIME**  
 Park Ridge Chemical Dependency  
 1565 Long Pond Road Greece

## SATURDAY

**Serenity on Saturday D19** 9:00AM  
**ZOOM Meeting ID: 2760940009 / PC: 233787**  
 Immanuel Baptist Church  
 815 Park Avenue Rochester

**Saturday Morning AI-Anon D29** 10:00AM  
**Audio only number: 978-990-5000 PC: 495131**  
 Presbyterian Church  
 24 Park Place Geneva

**Simple Beginnings D19** 11:30AM  
**ZOOM Meeting ID: 991534592 / PC: AI-Anon**  
 Transfiguration Lutheran Church  
 3760 Culver Rd Irondequoit

**Courage to Change AFG D25** Noon  
**ZOOM Meeting ID: 442286399 / PC: 720641 & Audio call number: 646-558-8656 PC: 720641**  
 Fairport United Methodist Church  
 31 W Church St Fairport

**Unity Through Recovery - Adult Children** 7:00 PM  
**ZOOM Meeting ID: 89154106459 / PC: 939886 & Audio call in number 929 436 2866**  
 St. Thomas Church (Highland Ave Enter) D14  
 2000 Highland Ave /S. Winton Rochester

**Saturday Nite Table Talk D25** 7:30PM  
**NOT MEETING AT THIS TIME**  
 The First Baptist Church \*  
 4212 East Main Street Williamson

**Greece Saturday Night D2** 8:00PM  
**NOT MEETING AT THIS TIME**  
 Bethany Presbyterian Church \*  
 3000 Dewey Avenue Greece

**Nunda AI-Anon Night D20** 8:00PM  
**Face to Face Meeting**  
 Trinity Church  
 25 East St. Nunda

**LET IT BEGIN WITH ME**  
**When anyone, anywhere, reaches out for help let the hand of AI-Anon and Alateen always be there, and LET IT BEGIN WITH ME**

\*\*\*Beginners' Meetings  
 (First Step Meeting)

All are welcome to a series of six introductory meetings, which run continuously. The series can be started at any time.

Members introduce newcomers to the AI-Anon Program. Topics include anonymity, the effects of alcoholism, the first three steps, the slogans, the serenity prayer, sponsorship, AI-Anon literature, understanding ourselves, and home groups.

Beginners' meetings are noted on this meeting list.

## ALATEEN

**NOTE: Alateen meetings are closed meetings; ordinarily only Alateen members, prospective members, and the Area certified Alateen Group Sponsors affiliated with the group attend." (Digest of AI-Anon and Alateen policies, page 89.)**

**Maps to all meetings are available online at [www.aisrochester.org](http://www.aisrochester.org).**

**Please send all changes for meetings, times, locations to [website@aisrochester.org](mailto:website@aisrochester.org)**

\* AA at same time.