



Participation is the key to harmony

How to Contact AIS

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and
newsletter suggestions to:
newsletter@aisrochester.org

We are better together!

Greater Rochester Area

Al-Anon Information Service Center

June 2018 Newsletter

Date	Events and Anniversaries
<p>June 7, 2018 6:00 pm Snacks: 5:30</p>	<p>Searching for Serenity 22nd Anniversary United Methodist Church 92 Main St., Brockport, NY Flyer available at aisrochester.org (Activities drop-down box)</p>
<p>June 14, 2018 7:30 pm</p>	<p>Eastside AFG 54th Anniversary Celebration First Baptist Church 119 Elm St, East Rochester, NY 14445 AA/Al-Anon Speakers/Desserts Flyer available at aisrochester.org (Activities drop-down box)</p>
<p>July 14, 2018 8:30 am</p>	<p>Serenity on Saturday 18th Anniversary Celebration Immanuel Baptist Church 815 Park Avenue, Rochester, NY AA/Al-Anon Speakers ~ Dish to Pass</p>
<p>June 15, 2018 7:30 pm Snacks: 7 pm</p>	<p>Evening Serenity Al-Anon 35th Anniversary (Al-Anon/AA Speakers) First Presbyterian Church of Chili 3600 Chili Avenue, Chili, NY Flyer available at aisrochester.org (Activities drop-down box)</p>
<p>June 19, 2018 7:00 pm</p>	<p>Penn Yan AFG 15th Anniversary Celebration St. Paul's Lutheran Church 135 Hamilton St., Penn Yan, NY Al-Anon /AA Speakers/Desserts Flyer available at aisrochester.org (Activities drop-down box)</p>
<p>July 6-8, 2018</p>	<p>Al-Anon's International Convention 2018 Baltimore Convention Center 1 W. Pratt St., Baltimore, MD 21201 Information/Registration at al-anon.org (click on calendar)</p>
<p>No July AIS Mtg Next meeting Aug 4, 2018</p>	<p>Next AIS Meeting Faith Lutheran Church (see map-aisrochester.org) 2576 Browncroft Blvd., Rochester Faith Lutheran is only ½ mile east of our AIS Office. Park in back. The AIS Office/Book Depot location remains at the same location: (2480 Browncroft Blvd Suite 140), and will continue to be open according to the posted office hours and following the monthly AIS meeting (approximately noon).</p>
<p>Sept. 21-23 2018</p>	<p>2018 NYN Fall Assembly Growing the Circle of Service Hosted by Districts 15 Comfort Inn and Suites 6701 Buckley Rd, North Syracuse, NY 13212 August 17 Deadline to reserve Hotel Room Registration & Program flyer available at nynafg.com</p>
<p>Aug 22-Sept. 3 2018</p>	<p>NY State Fair – Al-Anon Public OUTREACH for NYN Fun, Fellowship, and Service For more information > aisrochester.org click on Information > Public Outreach</p>

Bulletin Board

AI-Anon Opportunities to Share for Public Outreach

We benefit from sharing stories. **AIS Rochester** has ongoing opportunities to share stories with folks recovering from alcoholism and to share the gifts of recovery from our program. We do this in various settings that are often groups of 8-15 people. If you would like to do this please contact the Public Outreach Coordinator, Kathleen at: publicoutreach@aisrochester.org

3 AIS Positions Open

~Secretary ~ Finance ~ Activities

Please contact AIS if interested. This is a wonderful opportunity to meet new people, do service, and have fun!

Supporting Puerto Rico

Rochester Area AIS has provided 2 orders of literature to our friends in Puerto Rico to help replenish material destroyed by hurricanes of last year. Our initial literature order of \$300 authorized by AIS was delivered in March – we received thank you card from Area 62 – Puerto Rico in April.

A second order was submitted for another \$300 of literature in May. This order included donations received during Tureen Supper and District 2 Day of Sharing + group donation from Spiritual Awakening AFG. WSO gave us a discount on our first order – so there is a combined remainder of our original allotment with other donations received at AIS to be applied for Puerto Rico relief. **Thank you all for your donations!!**

John B.

DID YOU KNOW?

AI-Anon has been in Puerto Rico since 1955

For Your Information:

2-1-1 Life-Line Support: 211lifeline.org

Goodwill's Mission Program of the Finger Lakes has added **Greater Rochester AI-Anon** to their support services.

AIS Rochester Office

585-288-0540

Current Office Hours

Monday	2pm-4 pm
Wednesday	1pm-3pm & 3pm-5pm
Thursday	9am-Noon
Friday	1pm-3pm & 4pm-6pm

Please call ahead 288-0540

There is always a need for coverage in the AIS office. Anyone who can give two hours of service, please contact our coordinator at: volunteers@aisrochester.org

Stay Tuned

Beginning in July, there will be a new **location** for the Wednesday **“Joy is our Birthright”** (Adult Children of Alcoholics) Meeting. It will be announced on the aisrochester.org website and in the July newsletter.

Save the Dates

Canandaigua Monday Noon

35th Anniversary

August 13, 2018

United Church of Canandaigua

11 Gibson St., Canandaigua

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## District 25 Day of Sharing

“Fall into Recovery”

October 13, 2018

Fairport United Methodist Church (basement)

31 Church St., Fairport, NY

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NYN AFG Spring Assembly/Convention

Recovery Room to Bloom

May 17-19th, 2019

See flyer at aisrochester.org
Click on activities/conventions

Hosted in Rochester!!!!

Literature Review

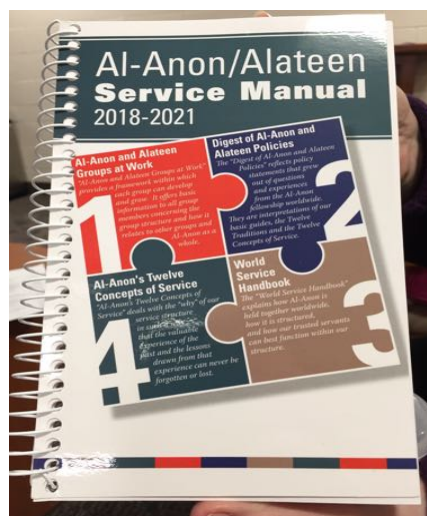


Hope and Understanding for Parents & Grandparents Review by Rebecca B.

This new pamphlet from Al-Anon Family Groups is a timely addition to our diverse Literature supply. It offers help to parents and grandparents of younger alcoholics. The numerous personal stories and application of the Twelve Steps to the specific needs of these members provides help and hope in just these 24 pages. I am sure in an effort to pack so much information and help in these pages, the type needed to be this small, so if your eyes are like mine you might need a strong light to read it or magnifying glass! Still, it is more than worth the effort. If you are blessed not to have a young alcoholic in your life, you can still begin to understand the special challenges these parents and grandparents face, by reading this pamphlet. It could be a great topic for a group meeting! Alcoholism is a

devastating disease, and to witness it in your child or grandchild can leave you anxious, worried, feeling guilty, sad and angry. Al-Anon can offer the support and understanding needed with the guidance of the 12 Steps, and love of group members. This new pamphlet does a good job of outlining the problem, and the experience, strength and hope available from Al-Anon to face it.

Al-Anon/Alateen Service Manual (\$5) 2018-2021 review coming soon. . .



Reports

Vice-Chair: Loron C.

Following April Discussion of chair and vice chair support of groups. I visited 6 meetings including my home meeting. I covered these areas:

1. I showed tent card and books –workbooks, new **AI-Anon/Alateen Service Manual**.
2. I touched on AIS office, book depot, phone line and AIS meetings(AIS for group support and outreach). I reviewed Rebecca's contacts and her flexibility for book delivery. I showed the AIS website as a resource including upcoming events, minutes and volunteer opportunities.
3. I asked if the group has group rep(GR) or ISR. I confirmed emails for these folks. As per the AI-Anon manual, it suggests that smaller groups have group rep and another member for current mailing address, and I added some mailing addresses to our distribution list. I collected contact lists from the groups and stayed after to ask and answer questions.

I have found that smaller groups have less literature. In the 6 groups I visited some needed tent cards and 2 had the new AI-Anon service manual. Feedback I got included use of phone contact as well as "computer" (concern for folks w/o internet skills or access). At meetings with new folks, a newcomer meeting was offered; the new persons chose to be in the main meeting. In one of the meetings, the leader met with the new person after the meeting concluded. At the second they asked at 10 minutes before ending time if the new person had questions.

In many of the meetings reports were made, one group who does have a current mailing address (CMA) person gave a report in this capacity.

Groups were welcoming to me as a visitor; I like having new email folks for current mailing addresses... I will continue to do this if ok with the group and D/W Mel and Sheila.

Alateen Report: Request from Diane

If there are any AI-Anon members with at least 1 solid year of weekly AI-Anon meetings who are interested in Alateen service as an AMIAS, we need you! (AMIAS means AI-Anon Member in Alateen Service).

We need an additional AMIAS or two for the "Saturday Morning Alateen Meeting" in Irondequoit. There is an AI-Anon meeting taking place at the same time, "Simple Beginnings." If no teens show up, the AMIAS can stay for the meeting!

Being an AMIAS is very special and very rewarding. Currently, we have 2 active AMIAS's (AI-Anon member involved in Alateen service) for this meeting; 2 past AMIAS's have stepped away as they finished their commitment to Alateen. We would like to have 2 new AMIAS's to add to our current 2 so that this is an easily shared responsibility. It seems that 4 is a good number for the 1 meeting. It enables us to have good coverage over the weeks, also allowing good alternating when necessary due to times away, etc.

If you are interested in opening your hearts and becoming an AMIAS or learning more about what it entails, please email me at <dianem.afg@gmail.com>

Banking Summary:

Current May banking summary is available at <http://aisrochester.org/treasurer.html>

See John B.'s Puerto Rico literature report posted on Bulletin Board

Intergroup Rep: Megan

I attended the on May 4 – 6, and reported on the activities of Rochester AIS. **NYN Spring Assembly in Lake Placid, NY.**

From the coordinators' reports I learned that the **NYS Fair** sign up starts on June 1st on the NYN website (NYNAFG.COM). The Fair runs from August 22 – September 3 from 10 am- 10 p.m. There are 3 hour shifts available; you will be given a free ticket to the Fair.

The **budget balances** as of May 2018 are \$17,888.54 in checking, \$10,369.20 in the reserve fund, and \$2,977.23 in a mutual fund. The budget for 2018 is \$22,650.

The Archives chairperson is looking into digitizing all of the archives.

All **re-certification information for AMIAS's** was sent to current AMIAS's and is due back by 5/31/18.

The Alternate Delegate **welcomed seven new meetings to NYN** since the beginning of the year. He is resigning his post effective immediately. You have to have been a DR to be the Alternate Delegate. The description of the position can be found on the NYN website under NYN Policies and Guidelines.

One important thing that all groups need to know is that the **GR-1 form is no longer in use**. There are two new forms from WSO – one for New Meeting Registration and another for Group changes which can be found on the WSO website (al-anon.org).

There were **38 attendees at NYNAC this year**. They are looking at an alternate site that might not be so costly.

We were reminded that outdated AFAs can still be used by sticking over the year printed on them.

There was much discussion about a liability insurance policy that NYN would like to purchase. The coverage would cost \$650 a year for \$2,000,000 in claims. It would cover the bi-annual AWSC meetings, the NYN bi-annual Al-Anon Convention, AWSC Assembly, the NYN Alateen Conference, officers, coordinators, and groups. A stolen funds endorsement would need to be purchased for about \$200. Since Alateen Sponsors work closely with teens and preteens coverage for Sexual Misconduct would cost \$700 for \$1,000,000 in claims. There were many questions so this item was tabled until the fall.

The **delegate's report** from the World Service Conference included the following: she asked that we all take time to check your group information on the WSO website (al-anon.org). There is an increase in registered Alateen groups for the first time in 5 years. The new book Intimacy in Alcoholic Relationships – A collection of Al-Anon personal stories (B-33), \$11, will be available in February 2019. A commemorative edition of One Day At A Time in Al-Anon (ODAT) (B6-50) including a bookmark, front cover indicating 50th Anniversary, a limited print will first be available at the 2018 International Al-Anon Convention. A bookplate will be offered only at the 2018 International. There will be corrections posted on the WSO website for any updates and corrections to the new service manual for print and pasting into sold copies with omissions or

errors. Any new corrections will have a version number assigned. Membership Surveys completed increased from 8,500 in 2017 to over 13,000 in 2018. Our Area contributed \$18,922 in 2017 compared to \$20,703 in 2016. 60.5% of NYN groups contributed an average of \$108.75. This is lower than the \$283 WSO expenses per Al-Anon/Alateen Groups for 2017. Although WSO fell short of their budgeted amount for contributions, literature sales were unexpectedly strong and allowed the year to end with a relatively small deficit. Because the mortgage on the property for AL-Anon Family Group Headquarters, Inc. has been paid off, the gap between ownership and leasing continues to widen as costs of ownership decrease and costs of leasing increase. In 2001, the WSO started registering online meetings, and in 2007, phone and other electronic meetings. By 2018 there are over 25,000 groups in 133 countries, and 107 electronic (digital, social media, and phone) meetings. Electronic meetings do not have a Group Representative and are not a part of any structure. When they form they register with the WSO in order to use the Al-Anon name.

Book Depot: Rebecca B.

The most important news is that Rebecca B. is available by phone to meet you at the AIS Office at nearly any time. Volunteer hours at the office are somewhat diminished over the summer, but in addition to my plans to be at the AIS Office from 4pm-6pm every Friday evening, I can be reached at 585-323-2231, and 585-472-6393. Please leave a message on either line. I will return your calls!

We want to see any member, Group Rep, ISR, or group literature person visit the AIS Office, and I am happy to arrange a visit at any time. If you have not visited our office and have not seen the wonderful shelves of Al-Anon literature we have, it would really be a service to your self and your group to do so!

I hope to soon visit groups with a selection of our literature, both to introduce myself, and provide handy access to individuals and groups who might need another daily reader, workbook or another wonderful Al-Anon book or pamphlet. I won't be able to bring the entire office with me but the basic CAL items might be useful to you. Recovery in this program has its ups and downs, but our literature is a very valuable tool and has often been just what I needed at a certain point in my life!

We have just a few **Al-Anon Faces Alcoholism 2018** left. Thanks to all our members who have done the service of distributing them to the community. Only our Higher Power knows how they might impact somebody's life. **AFA 2019** has already been ordered for the AIS Book Depot, but individual groups are also able to order them directly if you so wish. The order form is located at al-anon.org/afa2019.

Website:

- 689 visitors viewing 1901 pages
- 75% new and 25% returning visitors
- 53% mobile and 47% desktop viewing devices
- The top pages visited
 - Meeting list Page
 - Home Page
 - About Al-Anon
 - Literature
 - Sunday
- **Geographical locations**
 - Rochester area
 - Various other locations in NY

Public Outreach: Kathleen

Jennifer House presentations occur every other month on a Tuesday; Rose B and Ancelin are covering. We also present at Westfall and FLACRA: both places where outpatient rehab is done. We presented at the Conference of the Lakes in Canandaigua in April. We are reaching out to the deaf and hard of hearing community to see if our program would benefit them and how to proceed. WXXI has a health program "Second Opinion" who contacted us about how Al-Anon works- will discuss at 6/2 meeting.