



Participation is the key to harmony

How to Contact AIS

Office:
2480 Browncroft Blvd Suite
140 Rochester, NY 14625
585-288-0540
aisrochester.org

AIS Chair:
chairperson@aisrochester.org

Vice Chair: Loron O.
vicechair@aisrochester.org

Secretary: Melisa C.
secretary@aisrochester.org

Treasurer: John B.
treasurer@aisrochester.org

Public Outreach: Kathleen
publicoutreach@aisrochester.org

Service Center: Mel
volunteers@aisrochester.org

Alateen: Diane M.
dianem.afg@gmail.com

Newsletter: Connie T.
newsletter@aisrochester.org

Website: Mel
website@aisrochester.org

Book Depot: Rebecca
bookdepot@aisrochester.org

Send anniversary/event flyers to:
website@aisrochester.org
and
newsletter suggestions to:
newsletter@aisrochester.org

We are better together!

Greater Rochester Area

Al-Anon Information Service Center

November 2018 Newsletter

Date Events and Anniversaries

November 7 5:30 Food/Fellowship 6-7 Meeting/Speakers	Joy is Our Birthright ~ 1st Anniversary First Baptist Church 175 Allens Creek Road, Rochester Al-Anon & AA Speakers Flyer available at aisrochester.org (Activities-drop-down box)
November 10 10 am – 3 pm Registration 9:30 am	District 29 Day of Sharing “Growing in Maturity” St. Patrick’s Church, 115 Maple Ave., Victor, NY Al-Anon/AA Speakers ~ Workshops ~ Literature Soup, Salad, Bread (donations of Desserts welcome) Suggested Donation: \$7 Flyer available at aisrochester.org (Activities-drop-down box)
Nov. 19 8:30 PM 8 ~ Refreshments	Al-Anon & AA Henrietta Group 51st Anniversary Meeting Guardian Angels Church 2061 E. Henrietta Rd., Rochester ***Please bring dish to pass if you are able*** Interpreted for the deaf and hard of hearing Flyer available at aisrochester.org (Activities-drop-down box)
Next meeting December 1 10 am	Next AIS Meeting ~ Everyone is Welcome!!! Faith Lutheran Church (see map-aisrochester.org) 2576 Browncroft Blvd., Rochester Faith Lutheran is only ½ mile east of our AIS Office. Park in back.
SAVE THE DATE March 1-3 2019	2019 Flower City AA & Al-Anon Fellowship Convention “Twelve Steps to Freedom” Radisson Downtown
SAVE THE DATE Sunday March 24, 2019 12 – 5 PM	39th Annual AIS Tureen Supper 2019 Al-Anon’s Annual Fund Raiser AA & Al-Anon Speakers St. Anne Church ~ 1600 Mt. Hope Ave. Rochester **Stay tuned for more details**

This is Huge !

NYN AFG Spring Assembly/Convention

“Room to Bloom” will be hosted in

Rochester, NY May 17 thru 19, 2019

Spread the Word ~ Spread the Flyers

Access flyer at aisrochester.org activities/conventions

Sponsored by District 25 & 29

Mark Your Calendars!!!!!!!!!!!!

Bulletin Board

AIS ELECTIONS

October 2018: Nominations

November 2018: Elections will be held in Dec.

January 2019: New term begins

Slate of Candidates for 2019

Chairperson: Loron O.

Vice-Chairperson: Open

Treasurer: John B.

Alateen Chairperson: Open

Website Chairperson: Mel

Newsletter Editor: Sheila S.

Intergroup: OPEN-1 yr term due to resignation

*****Immediate Vacancies*****

Chairperson: Open

Activities: Open

Finance: Open

Descriptions for all these positions can be found in the AIS By-Laws:

<http://aisrochester.org/pdf/bylaws-2013>

(pgs. 5-6 and pgs. 8-12).

Please contact AIS if interested. This is a wonderful opportunity to meet new people, do service, and have fun! Or send your nominations by October to:

chairperson@aisrochester.org

~CHECK OUT THE BIG PICTURE OF HOW AL-ANON IS DOING~

FIND OUT THE RESULTS OF THE 12TH RECORD-BREAKING PARTICIPATION 2018 MEMBERSHIP SURVEY

(13,395 participants from US/Canada/Puerto Rico/Bermuda)



WSO WEBSITE LINK



www.al-anon.org/surveyresults

Bound reports are available at the AIS Book Depot for \$5.00 (they are beautifully done~)

AIS ROCHESTER OFFICE

585-288-0540

Current Office Hours

Tuesday	12:30pm-2:30pm
Wednesday	2:30pm-4:30pm
Thursday	9am-Noon & 2pm-4pm
Friday	4pm-6pm

Please call first: 288-0540

AIS Office hours change on a regular basis, so call ahead. There is always a need for coverage in the AIS office. Anyone who can give two hours of service, please contact our coordinator at:

volunteers@aisrochester.org

This meeting needs our support!

EAST AFG

Friday, 7 PM

St Patrick's Church

15 Maple Ave., Victor, NY

Plea to all Al-Anon Groups

AIS Rochester has taken pride in its mission of **Public Outreach**. Getting out the word about Al-Anon and where family and friends of alcoholics can turn for help is important. We do this by setting up literature tables at the New York State Fair, Health Fairs, and presentations for Professional Organizations and Recovery Programs, etc. This mission requires the support of our group donations. Literature and operating expenses at AIS cost money. This is an appeal to make up for the recent lag in contributions to help meet our expenses.

“We cannot keep recovery if we don't give it away.”

Please encourage your Group(s) to continue their donations so that we can effectively reach out to those who might find their way to Al-Anon.

Thank You!



Reports



Co-Chair: Loron O.

Chairing meetings at the Al-Anon information Service Office has been wonderful and scary; like working the Al-Anon program! This month, I learned from member feedback how to review the process in Al-Anon. Sounds boring? Not so fast! In doing so I felt uncomfortable with disagreement and discussion. This discomfort lead to resolution and plans that work for the group. I do not like conflict, I know it is part of life. In this role as Vice/Co-chair I get to take baby steps in that direction and work toward my goal of facilitating effective meetings that include humor and compassion.

My goals for next month? Attend Al-anon meetings and learn more about Greater Rochester Al-Anon. Find out what support of groups mean to individual groups. I will write an outreach letter asking groups for contributions to AIS Rochester to help close the budget gap. Next meeting at the AIS office, I will use the agenda to allow time for needed discussions and give everyone time to speak, finish their reports and updates. I invite all meeting goers to come to these AIS monthly meetings to offer your experience, strength and hope to spread the Al-Anon message.

Yours in service, Loron O.

Website: Mel

October 2018 web traffic:

- 816 visitors viewing 2283 pages
- 76% new and 24% returning visitors
- 50% mobile and 50% desktop viewing devices
- The top pages visited
 - Meeting list Page
 - Home Page
 - Anniversaries
 - Newsletter
 - Contact Page
 - Literature
- **Geographical locations**
 - Rochester area
 - Various other locations

Book Depot: Rebecca

We now have the World Service Conference Summaries for \$5.00 and are currently well stocked with daily readers, How **Al-Anon Works**, and **Intimacy in Alcoholic Relationships**.

Treasurer Report: John O.

AIS Treasurer Report September 2018

Oct. 11, 2018

Attached reports:

1. BankingSummary
2. TransactionReport
3. Budget

Summary:

• Checking Account Balance	6402.48
• Savings Account Balance	8041.45
• Book Depot Income:	1462.65
• <u>Donations:</u>	<u>190.00</u>
• Total Income:	1652.65
• Rent office and mtg. room	353.50
• Phone •	125.47
• <u>Book Depot Order</u>	<u>607.08</u>
• Total Expenses	1086.05
• Overall Cash Flow through 9-30-2018	566.60

AIS Treasurer Report October 2018

Nov. 1, 2018

October 2018 Attached reports:

1. Banking Summary
2. Transaction Report
3. Budget

Summary:

• Checking Account Balance	6317.57
• Savings Account Balance	8041.52
• Book Depot Income:	1549.15
• <u>Donations:</u>	<u>646.00</u>
• Total Income:	\$2195.15
• Rent office and mtg. room	
• Phone	62.67
• Supplies and postage	144.98
• <u>Book Depot Order</u>	<u>2072.41</u>
• Total Expenses	\$2280.06
• Overall Cash Flow through 10-31-2018	(\$84.91)

See the Attached Reports for September 2018 & October 2018 as well as the 2019 Proposed Budget On the following pages: ↓

AIS Treasurer Report 2018

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Respectfully Submitted
John B

AIS Treasurer Report 2018

AIS Treasurer Report October 2018

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Respectfully Submitted
John B

Banking Summary - Last month

10/1/2018 through 10/31/2018

Category	10/1/2018- 10/31/2018
INCOME	
Book Depot Income	
Came To Beleive	5.35
Day Of Sharing	145.00
District 29	30.00
Eastside AFG	53.50
Evening Serenity	43.00
Faith & Hope	167.00
Hamlin Sunday AFG	10.50
Hope For Today	109.00
Joy Is Our Birthright	80.00
Living In The Solution	37.60
Monday Sunshine	44.00
Now Is The Time	44.00
Penn Yan	48.00
Serenity At Noon	44.20
Serenity On Saturday	9.60
Serenity Seekers	35.85
Spiritual Awakening	215.70
Survival To Revival	54.00
Webster Monday	137.00
Williamson Saturday	99.60
Womans 12 & 12	136.25
TOTAL Book Depot Income	1,549.15
Group Donations	40.00
Clifton Springs AFG	40.00
Faith & Hope	90.00
Good Old Gang	20.00
Good Old Gang (Alateen)	20.00
Now Is The Time AFG	20.00
Scottsville AFG	100.00
Serenity At Noon	10.00
Spiritual Awakenings	280.00
Webster Monday	26.00
TOTAL Group Donations	646.00
TOTAL INCOME	2,195.15
EXPENSES	
AIS Office	
Phone	62.67
Supplies and postage	144.98
TOTAL AIS Office	207.65
Book Depot Expense	
WSO	2,072.41
TOTAL Book Depot Expense	2,072.41
TOTAL EXPENSES	2,280.06
OVERALL TOTAL	-84.91

Transaction - Last month

10/1/2018 through 10/31/2018

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
10/2/2018	Checking	1481	Al-Anon Famil... inv. # 42937...	Book Depot E...			R	-1,190.05
10/11/2018	Checking	S		--Split--	--Split--		R	1,263.85
10/12/2018	Checking	ATM	Trend Micro anti-virus ren...	AIS Office:Su...			R	-60.43
10/15/2018	Checking	ATM	Clean-it-supply paper bags f...	AIS Office:Su...			R	-51.56
10/18/2018	Checking	ATM	Staples printer paper	AIS Office:Su...			R	-32.99
10/18/2018	Checking	1483	Al-Anon Famil... inv. # 430685	Book Depot E...			R	-520.81
10/18/2018	Checking	S		--Split--	--Split--		R	744.30
10/25/2018	Checking	S		--Split--	--Split--		R	187.00
10/25/2018	Checking	1484	Al-Anon Famil... inv. # 431080	Book Depot E...			R	-361.55
10/25/2018	Checking	EFT	Time Warner Oct. 2018. p...	AIS Office:Ph...			R	-62.67
10/1/2018 - 10/31/2018								-84.91
TOTAL INFLOWS								2,195.15
TOTAL OUTFLOWS								-2,280.06
NET TOTAL								-84.91

Transaction - Last month

9/1/2018 through 9/30/2018

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
BALANCE 8/31/2018								13,875.88
9/6/2018	Checking	S			--Split--	--Split--	R	339.25
9/6/2018	Checking	EFT	Time Warner	August 201...	AIS Office:P...		R	-62.80
9/6/2018	Checking	1479	Al-Anon Fam...	inv. # 4275...	Book Depot ...		R	-607.08
9/13/2018	Checking	S			--Split--	--Split--	R	323.70
9/13/2018	Checking	1480	Rich Sam Pr...	Oct. 2018 ...	AIS Office:R...		R	-353.50
9/20/2018	Checking	S			--Split--	--Split--	R	498.95
9/27/2018	Checking	EFT	Time Warner	Sept. 2018....	AIS Office:P...		R	-62.67
9/27/2018	Checking	S			--Split--	--Split--	R	490.75
9/1/2018 - 9/30/2018								566.60
BALANCE 9/30/2018								14,442.48
TOTAL INFLOWS								1,652.65
TOTAL OUTFLOWS								-1,086.05
NET TOTAL								566.60

2019 AIS Proposed Budget (DRAFT)

Income		Budget	
	Book Depot	\$	14,100.00
	Donations	\$	5,000.00
	Ins. Certificates	\$	100.00
	Tureen Supper	\$	800.00
Total Income		\$	20,000.00
Expense			
	Chairperson/Inter Group Rep	\$	200.00
AIS Office			
	Insurance	\$	500.00
	Phone	\$	800.00
	Rent	\$	4,500.00
	Supplies & Postage	\$	350.00
	Website	\$	300.00
	Alateen	\$	200.00
	WSO	\$	100.00
	Book Depot	\$	12,650.00
	Public Information /Outreach	\$	200.00
	Tureen Supper/ fall fund raiser	\$	200.00
Total Expenses		\$	20,000.00

prepared 11-3-2018 to be submitted for approval at Dec. 2018 meeting