



Participation is the key to harmony

How to Contact AIS

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Send anniversary/event flyers
to:
website@aisrochester.org
and
newsletter suggestions
to:
newsletter@aisrochester.org

We are better together!

Greater Rochester Area
Al-Anon Information Service Center
August 2018 Newsletter

Date	Events and Anniversaries
Aug 13, 2108 Noon	Canandaigua Monday Noon 35th Anniversary United Church of Canandaigua 11 Gibson St., Canandaigua, NY (corner of Gibson & Main) Al-Anon & AA Speakers & food/beverages
Aug. 18, 2018 11am-4pm	NYN AWSC Meeting 210 S. Main St., NSEA Bldg (corner S. Main & Palmer Ave.) N. Syracuse, NY 13212 Bring your own lunch & snack to share
Aug 22- Sept. 3 2018	NY STATE FAIR – AL-ANON PUBLIC OUTREACH for NYN Outreach/Fun/Fellowship/Service Volunteer to help by going to nynafg.com click on NEW YORK STATE FAIR BOOTH INFORMATION
Next meeting <u>Sept 8, 2018</u>	Next AIS Meeting Faith Lutheran Church (see map-aisrochester.org) 2576 Browncroft Blvd., Rochester Faith Lutheran is only 1/2 mile east of our AIS Office. Park in back.
Sept. 21-23 2018	2018 NYN Fall Assembly Growing the Circle of Service Hosted by Districts 15 Comfort Inn and Suites 6701 Buckley Rd, North Syracuse, NY 13212 August 17~ Deadline to reserve Hotel Room Registration & Program flyer available at nynafg.com
October 13, 2018	District 25 Day of Sharing "Fall into Recovery" Fairport United Methodist Church (basement) 31 Church St., Fairport, NY

This is Huge !
NYN AFG Spring Assembly/Convention
"Room to Bloom" will be hosted in
Rochester, NY
May 17 thru 19, 2019

Spread the Word ~ Spread the Flyers
Access flyer at aisrochester.org activities/conventions

Sponsored by District 25 & 29

Mark Your Calendars!!!!!!!!!!!!

RIT Conference Center

Bulletin Board

AIS Elections

It is hard to believe we need to think about this already, but every year we elect new officers and committee chairpersons. We do not elect all in the same year in order to ensure experienced as well as continuity of leadership. Looking for a new service opportunity?

October 2018: Nominations

November 2018: Election

January 2019: New term begins

New Officers and Chairpersons for 2019

Vice-Chairperson

Treasurer

Alateen Chairperson

Website Chairperson

Newsletter Chairperson

*******Immediate Vacancies*******

Secretary

Activities

Finance

Descriptions for all these positions can be found in the AIS By-Laws:

<http://aisrochester.org/pdf/bylaws-2013>

(pgs. 5-6 and pgs. 8-12).

Please contact AIS if interested. This is a wonderful opportunity to meet new people, do service, and have fun!

IN NEED OF YOUR SUPPORT

Please consider supporting this meeting with your attendance.

Parents & Family (Friday, 7:30 pm)
Park Ridge Chemical Dependency
1565 Long Pond Rd., Greece.

AIS Rochester Office

585-288-0540

Current Office Hours

Monday	2pm-4 pm
Tuesday	2:30pm-4:00pm
Wednesday	1pm-3pm & 3pm-5pm
Thursday	9am-Noon
Friday	1pm-3pm & 4pm-6pm

Please call ahead 288-0540

There is always a need for coverage in the AIS office. Anyone who can give two hours of service, please contact our coordinator at: volunteers@aisrochester.org

New York State Fair

Al-Anon's largest annual Outreach Venue

August 22 – September 3

Still ½ of slots need to be filled~Volunteers needed!

Please consider a 3 hr. shift

Join us for outreach/fun/fellowship

Volunteer to help by going to nynafig.com

ON-LINE MEETINGS

Announcement to all Al-Anon Groups

Please announce that Al-Anon & Alateen meetings are electronically available via:

- Face-to-Face
- Phone
- Online
- Information available at al-anon.org

Click on "Al-Anon Meetings"



Click on "Find Virtual Meeting"

~~Thank You~~

Thank you all who attended the August AIS Meeting on Saturday, Aug. 4th ~ There was a show of strong attendance !!

Great input from all ~ We are stronger together!

Reports

Vice-Chair: Loron C.

Toward my goal of learning from our members and giving out information, I have visited a few more meetings: **Aldersgate** ~Monday 730 pm, Parkridge **Parents and Family** (Friday, 7:30 pm), and **Faith and Hope** at St. Anne's Tuesday noon meeting. I have left literature (***Service Manual 2018-21*** and ***Hope & Understanding for Parents & Grandparents***). I reviewed how to get literature, expressed the need for help with outreach and how to access the book depot and officers at the local office.

Parents & Family (Park Ridge) are concerned about low attendance. Other feedback at that meeting was from younger wives of alcoholics looking for meetings with younger membership. **ACTION**-find meetings with younger members who attend more regularly and make sure the counselors have recent information. I have calls into Strong Chem. Dependency to see if they recommend Al-Anon and how to spread the word. Parkridge is having a community wellness fair focus on family on Sept. 14th; they would like Al-Anon to attend. They will send more information.

September is National Recovery month. I invite all Al-Anon members to look outside our room for spots to share the Al-Anon message of experience, strength and hope. Your **AI-Anon Information Service** and its officers are here to help. I will be leaving copies of ***"AI-Anon Faces Alcoholism"*** and meeting lists at libraries in my area. I am giving copies of the ***"Fact Sheet for Professionals"*** and meeting lists to local treatment facilities and my doctor's office. Does your meeting have a sign designating "Al-Anon meets here"? That is a simple way to help people find meetings.

Discuss in meetings how to spread the word. Check the Al-Anon national website <https://al-anon.org/>, with links to free literature and excellent suggestions for outreach. You will find links to free printable literature. **AIS Rochester** Book Depot is open for literature to pick up and we can deliver literature. Print meeting lists and flyers of anniversary meetings and conferences. Check online at <http://aisrochester.org/> or call AIS Rochester at 288-0540.

I will be asking talented folks in our program to take on service at the Al-Anon Information Service center. Do you have computer skills? We need a newsletter editor. Love numbers and collecting money? Our treasurer can help you learn our system. These are a few of the open offices. The terms are for 2 years AND you will be working with members who will support and teach as you learn the ropes of these service positions. Please contact the AIS Office or vicechair@aisrochester.org for more information. Thank you for this opportunity to learn and serve. Loron C.

Alateen Report: Request from Diane

Please note to all: change in process for contributions to NYNAC(**see letter from NYN NYNAC Coordinator, Leslie C. below**). Contributions must be given to me as the Sponsor for the Roc Alateen Meeting. Checks need to be made out to me: Diane Macchiavelli with a note in memo on check front: NYNAC. Please mail all checks to 3200 Brighton Henrietta Town Line Road, Rochester, NY 14623. I will then disperse the money in agreement with and according to NYN's instructions. ↓

Letter from NYN NYNAC Coordinator: Leslie C.:

I would like to thank the groups and individual Al-Anon members for all the support they have shown for NYNAC as a whole. After a review of the policies and guidelines, I have found that fundraising by the NYNAC coordinator is not part of their job duties. Any future donations and contributions sent to the NYNAC coordinator will be returned to the sender(s).

This does not mean that Al-Anon members may not support Alateens and NYNAC. The teens and Alateen groups are encouraged to do fund-raising so that they can defray their costs to attend NYNAC. The individual's cost to attend NYNAC is based on the cost of the facility, meals, insurance and incidentals. This figure is then divided by the number of people attending. It appears for the 2018 NYNAC the individual cost will be \$130.00-\$135.00.

Alateen groups may conduct their own fund-raisers such as spaghetti suppers, pancake breakfasts, ice cream socials or even a bake sale(they are encouraged to do so). Members supporting these activities are supporting NYNAC. Individuals, groups or districts wish to support Alateens by send donations to individual Alateen groups in their district. If there is no Alateen group in your district you may chose to support an Alateen group that is close to you.

Again, I want to say thank you for all the support NYN has given to NYNAC, I hope that you will continue to do so.

Secondly, I have been contacted by a mental health counselor from Hillside Children's Center (HCC). The call came through AIS office and was referred to me. She was inquiring about referring one of their resident teens who is ready for out-patient, to Alateen. I had a long conversation with her about Alateen and AFG in general. She was under the mistaken impression that there was another Alateen meeting in Rochester because of another community contact who had referred her to a local AA meeting that said that they accepted teens at their meeting. It was a teaching moment for me to discuss the differences between AA and Al-Anon-Alateen. She was surprised and didn't know that there was a difference in the two programs. This confirms that we continue to have a perception problem. And I do believe that Alateen as a program has more of the general misunderstanding.

After I cleared up the misunderstanding, I additionally told her that we have been asking HCC for several years, if we could bring a trial Alateen meeting to Hillside, and that we've always hit a block from their administration. She was surprised at that as well and said she thought it would be a great idea. I've sent her the Alateen flyers provided by AISROC and also sent her several web links to WSO, NYN, AISROC, etc.

Book Depot Announcement:

The first case of Al-Anon's new book, **Intimacy in Alcoholic Relationships(\$11)** sold out and we have purchased 2 more cases and are eagerly waiting their arrival. In this book, "members share their challenges with all aspects of intimacy—physical, emotional, and spiritual—in all relationships affected by alcoholism"al-anon.org).

Website:

- 836 visitors viewing 2226 pages
- 77% new and 23% returning visitors
- 53% mobile and 47% desktop viewing devices
- The top pages visited
 - Meeting list Page
 - Home Page
 - Sunday
 - Literature
 - Monday
- **Geographical locations**
 - Rochester area
 - Various other locations in NY

AIS Treasurer Report 2018

Aug. 4, 2018

AIS Treasurer Report July 2018

Attached reports:

1. Banking Summary
2. Transaction Report
3. Budget

Summary:

• Checking Account Balance	5543.86
• Savings Account Balance	8041.32
• Book Depot Income:	663.75
• <u>Donations:</u>	<u>225.00</u>
• Total Income:	\$888.75
• Rent office and mtg. room	353.50
• Phone	62.59
• Office Supplies	58.00
• Book Depot Order	1351.38
• <u>Total Expenses</u>	<u>\$1825.47</u>
• Overall Cash Flow through 7-31-2018	\$(936.72)

Respectfully Submitted
John B

Banking Summary - Last month

7/1/2018 through 7/31/2018

8/4/2018

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Category	7/1/2018- 7/31/2018
INCOME	
Book Depot Income	96.85
Dansville AFG	145.00
Experience, Strength & Hope	105.00
Greece Aldergate AFG	74.40
Hope For Today	63.00
Penfield Chapel	72.00
Simple Beginnings	77.00
Victor Parents AFG	30.50
TOTAL Book Depot Income	663.75
Group Donations	
Evening Serenity	25.00
Faith & Hope	55.00
Now Is The Time AFG	20.00
Penn Yan AFG	100.00
Webster Monday	25.00
TOTAL Group Donations	225.00
TOTAL INCOME	888.75
EXPENSES	
AIS Office	
Phone	62.59
Rent	353.50
Supplies and postage	58.00
TOTAL AIS Office	474.09
Book Depot Expense	
WSO	1,351.38
TOTAL Book Depot Expense	1,351.38
TOTAL EXPENSES	1,825.47
OVERALL TOTAL	-936.72

Transaction - Last month

7/1/2018 through 7/31/2018

Date	Account	Num	Description	Memo	Category	Tag	Clr	Amount
BALANCE 6/30/2018								14,430.58
7/1/2018	Checking	1472	Al-Anon Famil... inv. # 42334...	Book Depot E...			R	-1,275.88
7/5/2018	Checking	S		--Split--	--Split--		R	276.00
7/5/2018	Checking	1473	Rich Sam Pro... August 2018...	AIS Office:Rent			R	-353.50
7/12/2018	Checking	S		--Split--	--Split--		R	179.50
7/12/2018	Checking	1474	Al-Anon Famil... inv. # 423960	Book Depot E...			R	-75.50
7/19/2018	Checking	ATM	Staples	12A toner ca... AIS Office:Su...			R	-58.00
7/19/2018	Checking	S		--Split--	--Split--		R	210.00
7/26/2018	Checking	S		--Split--	--Split--		R	223.25
7/26/2018	Checking	EFT	Time Warner	July 2018. p... AIS Office:Ph...			R	-62.59
7/1/2018 - 7/31/2018								-936.72
BALANCE 7/31/2018								13,493.86
TOTAL INFLOWS								888.75
TOTAL OUTFLOWS								-1,825.47
NET TOTAL								-936.72

