



Greater Rochester Area AIS Service Center

JUNE 2024

EVENTS

AIS Monthly Meetings 2024; 10 am Upcoming Meetings:

August 10	October 12
September 14	November 9
	December 14

Meetings are held online
Electronic Sign-in on website

Link to AIS Rochester meeting minutes:
<http://aisrochester.org/minutes.html>

Link to upcoming Anniversary meetings:
<http://aisrochester.org/anniversaries.html>

information is collected, 10-15 minutes to complete, required is an internet-connected device. Available in English, Spanish, and French. Visit: al-anon.org/membersurvey to participate!

- Wishing you all a good summer.

Bullet points from 5-11-24 Rochester AIS meeting

- Vice Chair position is vacant –
 - o If interested, please contact Chairperson at chairperson@aisrochester.org for more information.

- A new computer was purchased for the AIS office.

- Committee chairs, please submit input to Kathy M. for next year's budget by the 1st of August (will be reviewed in September).

- Cassandra completed paperwork to track sales of literature at conventions (starting with a rough draft).

- Cassandra is in communication with a possible new Al-Anon group in Batavia and will be working on getting them literature to help them start.

- o Maggie had extra literature to donate

- Cassandra is looking into putting together writing workshops and will provide more information in upcoming meetings.

- Loren attended NYN Spring Assembly -
 - o An Alateen coordinator is needed
 - o GRs and DRs are needed

Chairperson's Report – Pat H.

- There will be no meeting in July, we will meet again August 10th. All are welcome!

- The only position that is vacant now is the Vice Chair position. We voted Juanita in as our activities chair, welcome and thank you Juanita for stepping up.

- After much research regarding a dual member being an ISR (Information Service Rep) we decided that as long as the dual member was not an alternate GR (Group Rep) that member could represent their group and vote at the AIS meetings. Thank you all for your help and guidance on this matter. I will update our by-laws.

- The 2024 Al-Anon Membership Survey is open from June 20th, to July 31st, 2024. Participation is completely anonymous, no personally identifiable



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o Al-Anon Members Involved in Alateen Service are needed to chaperone upcoming Alateen Conference (NYNAC)

o September NYN fall assembly will be hybrid, in person portion will be in Syracuse
o Please see Loron's report for more comprehensive information

● Please submit newsletter reports to Teresa by 6/15/24.

● Public Outreach –

o Meetings are held every other month on the 3rd Wednesday of the month at 6 pm. This meeting is virtual. Next meeting is August 21st, they could use your help.

Meeting ID is listed under "Events" on AIS website.

o Fairport library is asking for Al-Anon readers.

o If anyone is interested in working with Jennifer House, reach out to Dennis.

o If you know of any health fairs where outreach could be set up, let Dennis know.

o Dennis is wondering if the office could put together a meeting list to take to AA meetings.

▪ We will discuss this further at the next meeting.

o If individuals take outreach literature from the office, it should be tracked.

● Office information –

o Looking for volunteers – 10:30 am – 12:30 pm on Fridays, but times could change if you have different availability – call Terry D for more information.

o The time frame for volunteering is 2-3 hours, typically.

● If you have any anniversaries coming up, please let Ellen V know for the website.

● Juanita S. has volunteered to be the activities chairperson and is very excited to get started. She was voted in.

● Discussing can a dual member be an information service representative.
o This is going to be allowed as long as the dual member is not an alternate to the GR. Pat is going to change the bylaws to reflect this.

● We won't meet in July, next AIS meeting will be on August 10, 2024 – via zoom information on AIS website.

AIS Treasurer Report

June 6, 2024

AIS Treasurer Report May 2024

Attached reports:

1. Banking Summary
2. Transaction Report
3. 2024 AIS Budget

Summary:

● Checking Account Balance	9894.50
● Savings Account Balance	16,807.76
● Book Depot Income:	1,143.54
● Fundraiser (zoom donation)	36.00
● Bank Interest on Savings	.15
● <u>Donations:</u>	<u>364.00</u>
● Total Income:	\$1,543.69
● Rent office and mtg. room	365.00
● Phone	70.03
● WSO Donation	
● Book Depot	1,100.39
● <u>Supplies & Postage</u>	<u>1,141.19</u>
● Total Expenses	\$2,976.61
● Overall Cash Flow through 5/31/2024	(\$1,432.92)

Stay well....

Respectfully Submitted
Diane S.



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The 2024 Al-Anon Membership Survey



Calling all Al-Anon members—longtime members and newcomers alike! This service project provides data that helps to validate the effectiveness of recovery through Al-Anon Family Groups. “Participation is the key to harmony,” and your participation is important and greatly appreciated.

The survey is open from June 20 to July 31, 2024.

- Participation is completely anonymous
- No personally identifiable information is collected
- 10–15 minutes to complete
- Requires an internet-connected device
- Available in English, Spanish, and French.



Visit al-anon.org/membersurvey to participate!

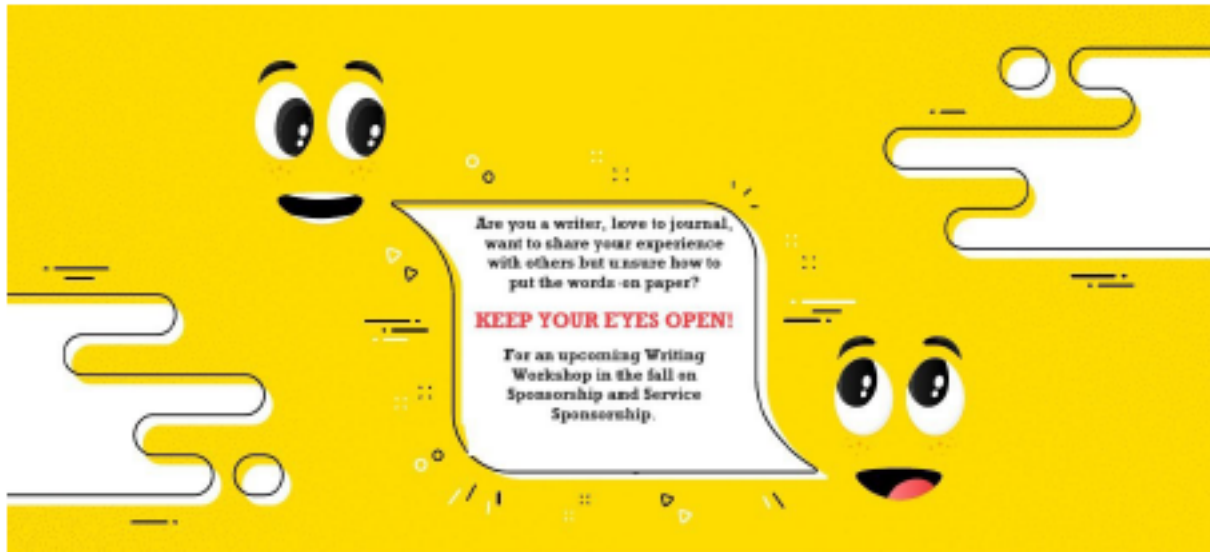


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The Corner Book Depot

Did you know?

The WSO has given approval to develop a piece on Sponsorship and Service Sponsorship?



(Please see the enclosed Sponsorship Writing Guide and bring your writings, ideas and thoughts to the workshop!)

Do you have questions about Sponsorship and Service Sponsorship and want to learn more? The Book Depot has the following literature available:

S-27 Alateen Sponsorship

M-78 Sponsorship – Working Together to Recover

P-31 Sponsorship, What's It All About?

P-88 Service Sponsorship, Working Smarter, Not Harder

P-24/27 2022-2025 Alanon/Alateen Service Manual (see p 45-46 and the index under the topic: Sponsorship)

Please feel free to reach out to the Book Depot with any orders or questions regarding literature for yourself and your groups. We are here to support you.



Respectfully Submitted,

Cassandra

bookdepot@aisrochester.org



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Please Share in Writing on Sponsorship and Service Sponsorship

The 2023 World Service Conference gave conceptual approval "to develop a comprehensive piece on sponsorship and service sponsorship using personal stories from Al-Anon members." Please share your experiences with sponsorship—the benefits as well as the challenges—so we can all learn from each other how to effectively use these important recovery tools.

Please consider answering any of the following questions:

- How soon did I get a Sponsor? Become a Sponsor?
- What, if anything, has kept me from finding or becoming a Sponsor?
- What qualities do I look for in a Sponsor?
- What impact has having or being a Sponsor had on my recovery?
- Were the parameters of my sponsorship relationship a good fit for both of us?
- Have I studied the Steps, Traditions, or Concepts of Service with a Sponsor or someone I sponsor?
- What have I learned from having or being a Sponsor?
- What did I do if my needs were not being met by having or being a Sponsor?
- Which of Al-Anon's spiritual principles apply to having or being a Sponsor?

- Why do (or don't) I have a Service Sponsor? Why am (or aren't) I a Service Sponsor?
- How is my Service Sponsor different from my personal Sponsor?
- How am I different as a Service Sponsor than as a personal Sponsor?
- Which of Al-Anon's spiritual principles apply to having or being a Service Sponsor?

Please keep the following guide lines in mind:

- Share personal experience from the heart, focusing on yourself, not the alcoholic or others.
- Write in the first person singular—"I." Please avoid the use of the pronoun "you."
- Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine.
- Kindly observe Al-Anon's Twelve Traditions when sharing.

If printed, your sharing will remain anonymous, but please include your name and postal or email address so that we can acknowledge receipt.

If not used, your sharing will be forwarded to the *Forum* Editorial Advisory Committee for review. If published in *The Forum*, you will be notified by letter and receive a complimentary copy of the issue in which your article appears.

Note: All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen printed or electronic material.

Please photocopy and distribute locally.

Please mail, fax, email or submit your completed sharing to:

Al-Anon Family Group Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617
Attn: Sponsorship Piece

Fax: 757-563-1656
Email: wso@al-anon.org (Please put "Sponsorship Piece" in the subject line.)
Online: al-anon.org/sharing